



## All Brains Belong VT

Neuroinclusive Healthcare & Community

At least 1 in 5 people thinks, learns, and/or communicates differently than the so-called “typical” brain. Some have been identified with specific diagnoses (i.e., autism, ADHD, dyslexia, bipolar disorder, traumatic brain injury). Many have not. **Neurodiversity is often missing from the conversations on diversity, equity, and inclusion.** Neurodivergent people are more likely to have unmet healthcare, educational, employment, and social connection needs. **“One size fits all” does not work for all.**

### WHY WE'RE NEEDED

- 70% of neurodivergent people have untreated health problems; 80% struggle to access to healthcare.
- Autistic people die on average by age 36-54. ADHD adults are 4 times more likely to die prematurely.
- Autistic adults have a 7-9x increased rate of suicide.
- 70% of neurodivergent people struggle with employment, with 4-8x higher rates of unemployment
- Neurodivergent kids are bullied at higher rates. 80% of neurodivergent people struggle with loneliness.

### HOW WE HELP

All Brains Belong VT is a nonprofit 501(c)(3) organization that is **reimagining healthcare and community systems to improve the lives of people with all types of brains.** We do this through neurodiversity-affirming medical care, social connection, employment support, and community education. [Learn More](#)

### OUR PROGRAMS

#### Healthcare



- **Universal design for healthcare:** a customized patient experience

- **Medical care integrated into community connection**

- Primary care - neurodivergent kids & adults
- Non-primary care - support for Autism & ADHD, and specific medical conditions more common for neurodivergent folks

#### Community



- **“Kid Connections”**

- A free friend-matching program based on shared interests, ages 4-17

- **Brain Club**

- A free weekly community education program for adults - topics include communication, regulation, navigating home / school / work

#### Education



- **Neurodiversity Trainings**

- Customized trainings for employers, healthcare providers, educators, and more to create welcoming spaces for all brains

- **“Everything is Connected to Everything” Project**

- Learn about the medical conditions commonly impacting Autistic and ADHD adults

# OUR 2022-2023 IMPACT AT A GLANCE

## ALL BRAINS BELONG BY THE NUMBERS

- Provided healthcare to 339 people
- Served 1276 adults through community programs
- Provided neurodiversity trainings to 527 participants
- Connected 127 lonely children with friends through our Kids Connections program

## EXPANDING WHAT HEALTHCARE CAN BE

- Pioneered a novel model for healthcare delivery, integrating medical care into social connection, employment support, and community education
- Developed a model for sensory- & trauma-informed COVID vaccination, serving 364 Vermonters
- Piloted “Building Occupational Opportunities through Support & Training” (BOOST): a program offering employment accessibility education and peer mental health support

**“Did You Know This Could Be Healthcare?!”**

### Feedback from our community:

“Every aspect of my life has been changed. ABB to me has been a way to **have connection, to understand my body, to reframe mental illness**. ABB has been a way to be myself and in community with other people, in a way that I haven’t had in so long.”

“ABB provides an opportunity to meet others in the community who are going through similar things. This allows us to value and feel valued by one another, which makes me feel less alone and a lot more hopeful. **It feels like a community more than a medical practice.**”

“What ABB (is) doing is **utterly groundbreaking and so badly needed**. I’m impressed with anyone that has the ambition and courage to change the world.”

## MAKING CONNECTIONS

- Created and launched “[Everything is Connected to Everything: Improving the Healthcare of Autistic & ADHD Adults](#)” - a one-of-a-kind resource to train primary care clinicians on improving neurodivergent healthcare, accessed by 4600+ individuals in its first 6 weeks



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