

1 The status quo of healthcare is failing neurodivergent patients...

Neurodivergent patients struggle to access healthcare. These patients experience high rates of healthcare dissatisfaction and traumatic healthcare experiences. Many do not feel safe accessing healthcare.

- **Almost 80% of autistic adults** have difficulty accessing primary medical care.
- **Around 65% of autistic adults** have untreated health conditions.
- **ADHD patients** also struggle to access healthcare.

Neurodivergent patients die prematurely.

- **Autistic adults:** Life expectancy 36-54 years. Leading causes - premature cardiovascular disease and suicide.
- **ADHD adults:** 4x increased risk of premature death.

Types of barriers to healthcare:

- **Environment:** Healthcare facilities can be overwhelming.
- **Provider Knowledge and Attitudes:** Many doctors don't know how to support autistic patients.
- **Systemic Issues:** The healthcare system often doesn't meet the needs of autistic people.

2 All Brains Belong's model for neuroinclusive healthcare.

All Brains Belong VT is creating a new way to give healthcare. Our model combines medical care with social connection, job support, and education. We also use "universal design." This means that we provide healthcare in different ways to meet everyone's needs. We work with our patient community to create these systems together, making changes from the ground up.



3 5 strategies for improving the healthcare experiences of neurodivergent patients.

1. Adapt the environment:

Making changes to lighting, furniture, movement, and temperature to make healthcare settings more comfortable.

2. Support Communication:

Helping patients communicate during and between appointments.

3. Support Executive Functioning:

Helping patients organize and manage their healthcare during and between appointments.

4. Tools for Intertwined Conditions:

Providing tools and resources to help with the medical conditions that often come with autism and ADHD.

5. Protect patients from COVID: Neurodivergent patients are at higher risk for COVID complications. Many avoid healthcare out of fear of catching COVID. Strategies like using masks, improving ventilation, and air filtration can help reduce these risks in healthcare settings.

By listening to neurodivergent patients and making needed changes, All Brains Belong VT is working to create a better, more inclusive healthcare system for everyone.