



**All Brains Belong VT**  
Neuroinclusive Healthcare & Community

## **Everything is Connected to Everything: Improving the Healthcare of Autistic & ADHD Adults**

This is a project to improve autistic/ADHD health. Autistic/ADHD adults die earlier than other people. Autistic/ADHD adults often have many health problems. For many people, these health problems are intertwined.

The healthcare system often gets in the way of clinicians taking care of multiple problems at a time. Taking care of these intertwined conditions as separate may not work well. Taking care of these intertwined conditions as a group may improve health.

The resources on this website include both research and lived experience. These were created by autistic/ADHD clinicians. We received input from more than 100 autistic people. We present information in text, pictures, and video. We hope that this makes things easier for patients and doctors to work through these health conditions together.

To learn more, visit <https://allbrainsbelong.org/all-the-things>

### **ABOUT US**

All Brains Belong VT is a nonprofit supporting people with all types of brains. Founded by an autistic doctor, All Brains Belong provides flexible ways to get medical care and connect with others. We also give training about how to include people with all types of brains.